

BREAKFAST MENU

Irish Breakfast 1,3 <i>Bacon, sausage, black and white pudding, baked beans, egg (fried or poached), roast tomato & mushroom, hashbrown. Served with a portion of toast.</i>	Full - €15.50 Mini - €11.95
Vegan Breakfast 1 <i>Vegan sausage, roasted pepper, courgette, roast tomatoes, mushrooms, hashbrown, baked beans. Served with a portion of toast.</i>	€14.50
Smashed Avocado Toast 1,3,7,11 <i>Smashed avocado with poached eggs, crispy bacon, mixed seeds and green leaves. Served with Hollandaise sauce and sourdough bread.</i>	€16.95
Baked Jacket Potatoes 3,7 <i>Baked jacket potatoes, served with poached egg and Hollandaise sauce or beans and cheese.</i>	Poached Egg - €14.95 Beans & Cheese - €13.95
Spanish Chorizo & Jacket Potatoes 3,7 <i>Baked jacket potatoes, cubed chorizo, onion, pepper, spinach cooked with Napolitana sauce. Served with poached egg and Hollandaise sauce.</i>	€16.95
Mixed Beans Tagine 1,3,7 <i>Mixed beans, onion, peppers cooked with Napolitana sauce. Served with poached eggs and sourdough bread.</i>	€15.95 add Hollandaise Sauce - €1.00
Ham & Cheese Quiche 1,3, 7 <i>Served with green leaves.</i>	€11.50
Vegetable Quiche 1,3,7 <i>Served with green leaves.</i>	€10.50
Combo Toastie Special 1,7 <i>Ham, cheese, tomato and onions, white or brown bread. Served with house salad or chips.</i>	€12.50
Pancakes 1,3,7 - Pancakes with lemon and sugar - Crispy bacon with maple syrup - Mixed fruit and whipped cream	€10.50 €10.50 €11.50
Crispy Bacon & Maple Syrup Waffles 1,3,7 - Waffles, bacon, maple syrup - Mixed fruit and whipped cream	€11.50 €10.50

LUNCH MENU

PASTA	
Penne Chicken Arabiata 1,7 <i>Penne pasta served with fried chicken, onion, pepper, chilli flakes, parsley, Napolitana sauce and garlic.</i>	€18.95
Penne Chicken Alfredo 1,7 <i>Penne pasta served with fried chicken, mushroom, tarragon, fresh cream, parmesan cheese and garlic.</i>	€18.95
Penne Chicken Carbonara 1,7 <i>Penne pasta served with fried chicken, onions, garlic, parsley, parmesan cheese and fresh cream sauce.</i>	€18.95
Lasagna 1,3,7 <i>Layers of lasagne, creamy bechamel sauce and beef Ragu.</i>	€17.50
Vegetarian Pasta 1 <i>Penne pasta cooked with roasted vegetables, garlic and napolitana sauce.</i>	€17.50
Creamy Chicken Pesto Pasta 1,7,8 <i>Penne pasta served with fried chicken, onions, pesto, garlic, fresh cream and parmesan cheese.</i>	€18.95

CIABATTA, PANINIS & SANDWICH	
<i>All ciabatta and sandwich served with chips.</i>	
Chicken Ciabatta 1,3,7,8 <i>Grilled chicken, sundried tomato, fresh basil pesto, Gouda cheese, garlic mayonnaise, onion, tomato, cucumber and garden green leaves.</i>	€14.90
Beef Ciabatta 1,3,7,10 <i>Sliced beef, wholegrain mustard, caramelised onions, Gouda cheese tomato, cucumber and garden green leaves.</i>	€15.50
Caprese Ciabatta 1,3,7,8 <i>Fresh buffalo mozzarella, sundried tomato, roasted peppers, basil pesto, garlic mayonnaise, onion, tomato, cucumber and garden green leaves.</i>	€14.00
Sweet Chilli Chicken Ciabatta 1,3,6,7 <i>Crispy chicken, sweet chilli sauce, Gouda cheese, garlic mayonnaise, tomato, cucumber, onion and garden green leaves.</i>	€14.90
Spicy Chicken Panini 1,7 <i>Grilled chicken, sundried tomato, spicy cheese, roasted pepper and pesto.</i>	€14.50
Sliced Beef Panini 1,7,10 <i>Sliced beef, wholegrain mustard, Gouda cheese, caramelised onions and pickles.</i>	€15.50
Vegetable Panini 1,7,8 <i>Roasted peppers, courgette, sundried tomato, pesto, onions and Gouda cheese.</i>	€13.95
Open Faced Grilled Chicken Sandwich 1,11 <i>Grilled sourdough bread, chicken breast, slow cooked roasted red peppers & chilli sauce, garden green leaves, onion, cucumber, cherry tomatoes and mixed seed.</i>	€15.50
WRAP	
Chicken Coronation Wrap 1,3,8 <i>Tortilla wrap, chicken, mango chutney, roasted almonds, dried fruit, baby gem lettuce.</i>	€13.50
Chicken Caesar Wrap 1,3,4,7 <i>Tortilla wrap, grilled chicken, baby gem lettuce, parmesan cheese, Caesar dressing.</i>	€13.50
Chicken Tikka Wrap 1,3,10 <i>Tortilla wrap, chicken tikka, tikka sauce, baby gem lettuce.</i>	€13.50
Chicken Fajita Wrap 1 <i>Tortilla wrap, grilled chicken, slow cooked onion & peppers, fajita sauce and baby gem lettuce.</i>	€13.50
Tuna Wrap 1,3,4,10 <i>Tortilla wrap, tuna, onion, sweetcorn, mayonnaise, baby gem lettuce.</i>	€13.50
Vegetarian Wrap 1,3,8 <i>Tortilla wrap, sundried tomato, roasted peppers, courgette, pesto, onion, tomato, cucumber and baby gem lettuce.</i>	€12.50
<i>All wraps served chips or House Salad. Gluten free option available.</i>	
BURGERS	
<i>All burgers served with chips.</i>	
Grilled Chicken Breast Burger 1,3 <i>Grilled Chicken breast, slow cooked roasted red peppers & chilli sauce, garlic mayonnaise, baby gem lettuce, onion, tomato, cucumber and burger bun.</i>	€18.50
Crispy Chicken Burger 1, 9 <i>Crispy chicken, tomato, onion, cucumber, baby gem lettuce, garlic mayonnaise and burger bun.</i>	€16.50 add bacon +€2.50

SALADS	
Chicken Caesar Salad 1,3,4,7 <i>Grilled chicken, baby gem lettuce, parmesan cheese, croutons, Caesar dressing.</i>	€16.50 add bacon +€2.50
Cashel Blue Cheese Salad 3,7,8,10 <i>Mixed green leaves, cucumber, baby tomato, pear, roasted walnuts, pomegranate,Cashel Blue cheese and Cashel Blue cheese dressing.</i>	€16.90
Warm Crispy Chicken Salad 1,6,9,10 <i>Crispy chicken, sweet chilli, mixed green leaves, baby tomato, onion, cucumber, olives, house dressing.</i>	€16.90
SOUP	
<i>Served with seeded soda bread.</i>	
<i>Our soup changes daily, ask your server about today's flavour.</i>	
CHEF RECOMMENDATION	
Pan Fried Chicken Breast <i>Tender chicken breast, pan-seared for a golden finish, creamy mushroom sauce, crispy onions. Served with a garlic and thyme potatoes.</i>	€19.50
Creamy Chicken Florentine <i>Pan-seared chicken breast with wilted spinach, baby tomatoes, and sautéed green beans, all brought together in a rich, velvety cream sauce and crispy onions.</i>	€19.50
Fish & Chips <i>Freshly fried battered filet of cod served with tartare sauce and flully mushy peas.</i>	€17.50
Chicken Sandwich <i>Grilled chicken breast layered with pesto, sun-dried tomatoes, melted cheese, and crispy onions in rustic country bread. Served with your choice of salad or chips.</i>	€14.95
Steak Sandwich <i>Tender Irish striploin steak served on toasted sourdough with pan-fried mushrooms, onions, melted cheese, and a rich pepper sauce.</i>	€17.50
Chicken & Ham Sandwich <i>A tasty mix of chicken and ham layered with melted cheese and a kick of sriracha, served with golden chips.</i>	€15.50
Beef Burger <i>Juicy 8oz beef burger served in a toasted brioche bun with sliced cheese, lettuce, tomato, onion, gherkin, and our house burger sauce.</i>	€18.50
Falafel Wrap <i>Fresh tortilla wrap filled with falafel, hummus, crispy onions, cucumber, tomato, lettuce, and roasted chilli pepper sauce. Served with your choice of salad or chips.</i>	€13.50
Chicken Wings <i>Succulent chicken wings in your choice of Crispy, BBQ or Sweet Chilli. Served with a fresh house salad and chips.</i>	€14.50
Allergen Information: 1. Cereals 2. Crustaceans 3. Eggs 4. Fish 5. Peanut 6. Soya Beans 7. Milk 8. Nuts 9. Celery 10. Mustard 11. Sesame 12. Sulphur Dioxide 13. Lupins 14. Molluscs	

DESSERTS	
Baked Lemon Meringue Cheesecake	€7.50
Ferrero Rocher Cheesecake	€6.90
Belgian White Chocolate Cheesecake	€6.90
Raspberry White Chocolate Mousse	€7.50
Mango Mousse	€7.50
Mirror Glaze Pistachio Mousse	€7.50
Gluten Free Carrot Cake	€6.50
Red Velvet Cake	€6.50

FRESHLY BAKED DAILY

Donut | Lemon Drizzle | Chocolate Brownie Cookies

POP IN TO SEE MUCH MORE FROM OUR DESSERTS & BAKERY SELECTION.
Please ask your server for gluten free options.

SMOOTHIE	
Green Reviver	€6.95
Banana Kale Mango Lemongrass Orange Juice Honey	
Raspberry Heaven	€6.95
Raspberry Wild Blueberry Apple Mango Orange Juice Honey	
Pineapple Sunset	€6.95
Pineapple Papaya Mango Orange Juice Honey	
Strawberry Fantasy	€6.95
Strawberry Banana Orange juice Honey	
Berry Burst	€6.95
Blueberry Blackberries Black Currant Banana Orange Juice Honey	
Mango Dream	€6.95
Mango Pears Orange Juice Honey	

MILK SHAKES	
Strawberry 7	€5.00
Chocolate 7	€5.00
Banana 7	€5.00
Bubblegum 7	€5.00
Vanilla 7	€5.00
Kinder Bueno 7, 8	€5.50
Ferrero Rocher 7, 8	€5.50
Milky Way 7	€5.50
Oreo 1, 6, 7	€5.50
Salted Caramel 7	€5.50

BEVERAGES	
COFFEE / TEA	
Americano	€3.70
Cappuccino	€4.00
Latte	€4.00
Flat White	€3.80
Espresso	€3.00
Double Espresso	€3.20
Hot Chocolate	€4.00
Add Cream	€0.50
Add Marshmallow	€0.50
Mocha	€4.50
Macchiato	€3.00
Chai Latte	€4.50
Matcha Latte	€4.50
Irish Tea	€3.50
Herbal Infusions	€4.00
Organic Lemon Organic Peppermint Organic Earl Gray Organic Chamomile Dream Organic Berry Fruit Organic Jasmine Green Tea	

DECAF COFFEE AVAILABLE

ICE COFFEE	
Ice Cold Brew	€4.00
Ice Latte	€4.50
Ice Mocha	€4.50
Ice Match Latte	€4.50
Ice Tea	€4.00
Add Syrup	Roasted Hazelnut Caramel Vanilla Salted Caramel Sugar Free Caramel
Alternative Milk	Oat Milk Coconut Milk Soya Milk Almond Milk

ICE FRAPPE	
Classic Frappe	€6.50
Caramel Frappe	€6.50
Salted Caramel Frappe	€6.50

SOFT DRINKS	
Soda 330ml	Regular Coke Coke Zero Fanta Sprite
Still Water 500ml	€3.00
Sparkling Water 500ml	€3.95
Vit Hit 500ml	€3.50

JUICE	
Lemonade 250ml	€4.50
Apple Juice 250ml	€4.50
Orange Juice 330ml	€4.50



Room 4 Café

OPENING HOURS:

MON	8AM - 6PM
TUE	8AM - 6PM
WED	8AM - 6PM
THU	8AM - 6PM
FRI	8AM - 6PM
SAT	8AM - 6PM
SUN	8AM - 6PM

BANK HOLIDAY
8AM - 6PM

FREE WIFI



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